

Natural Allergy Elimination with Energy Medicine

Over 60% of Americans, approximately 90 million people, suffer from food or environmental allergies. Until recently, food allergies were thought to cause immediate problems such as itching, hives, swelling, abdominal cramping or breathing problems. Research has shown that most people with allergies experience delayed sensitivity. This means that the food reaction may not appear for up to 72 hours. This makes it very difficult to pinpoint the connection between the symptom and the offending food.

Environmental allergens can include pollens, dust, mold, animals, metals and multiple chemicals, including plastics and petroleum products. The symptoms may be classic ones we associate with allergies such as sneezing, runny nose, congestion, itchy eyes or skin rash. Other symptoms of allergy can be more elusive.

Do you experience any of these? Any of these MAY be due to food or environmental allergy.

- Asthma, eczema, psoriasis, unexplained rashes?
- Frequent colds, respiratory infection, sinusitis?
- Recurring abdominal cramps, gas, bloating, diarrhea or constipation?
- Unexplained fatigue after meals?
- Acid reflux, ulcerative colitis or Crohn's disease?
- Brain fog, forgetfulness, lack of focus, ADD?
- Joint pain, muscle pain, fibromyalgia, chronic fatigue?
- Headaches, irregular heartbeat?

How Does Allergy Elimination Work?

Natural Allergy Elimination is a 3rd generation technique based on the work of Dr. Devi Nambudripad, Dr. Ellen Cuttler, Dr. Carolyn Jaffe, and Dr. Sherri Tenpenny. This technique uses homeopathy, acupressure and kinesiology to effectively evaluate and treat the body's response to specific allergens. With this technique, we literally "re-program" the immune system to stop reacting erroneously to substances it encounters. It is much like "re-booting" a computer. We give the body the proper energy template it needs to respond appropriately. Instead of taking anti-histamines, steroids, inhalers, etc., we train the body to PREVENT the histamine release.

What Does the Treatment Involve?

A series of acupressure points along the spine and points on the arms & legs are activated to open the flow of energy throughout the body. NO needles, toxins or drugs are used in this technique. You will rest on the treatment table for 15 minutes, allowing the energy from the specific vials to re-set your immune response. After the treatment, you must avoid the allergen for 3 hours. In addition, you are asked to avoid food and beverages (except water) for 3 hours. Be sure to eat before your appointment! The entire procedure is painless and seems simple. It is very powerful.

86% of patients who complete the full program of treatment are still 100% allergy free after 5 yrs. 92% of patients reported significant improvement.

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Investment

- \$125 – the 1-hour assessment includes the creation of your allergy list and a protocol for treatment
- \$85 – each treatment session, which lasts approx. 30 minutes. The average person needs 2 – 3 treatments. In effort to save time and money, I try to combine as many allergy vials into one treatment; however, the body doesn't seem to hold when too many are combined from different categories. For example, we cannot combine food with pollens; or environmental stuff like diesel fuel with food additives.
- \$30 – rechecking to verify that the last treatment held is approx. 10 minutes and is usually added to the 'next' treatment appointment. Once fully treated, that last recheck will stand along.
- \$45 – retreating is rarely needed; however, if you fall into the less than 2% of people whose treatment did not hold, we will need to retreat, which is at a discounted rate. There is no way to know what causes a treatment not to hold and over 98% of the time, it works fine. For example, you are not supposed to eat or drink (besides water) for three hours after a treatment, but if you did accidently, this may be a cause. SO might being exposed to what we treated within the three hour avoidance period.
- \$125 – annual rechecks are advised to verify the treatment still holds and to check to see if any new allergies have presented.

Again, a clinical study showed 86% of people still 100% allergy free after 5 years from their initial treatment.

Think of all the allergy medication prices you'll no longer be paying – nor the discomfort of suffering. You are worth it!

Call Stephanie to schedule today – 805-996-0279.
Appointments held at various locations to be confirmed upon booking. Services available in San Luis Obispo County, CA and Ashland, OR.

Preparation for your assessment takes 24 hours.
Instructions will come with your appointment confirmation.